# Government Arts College for Women, Sivaganga



Staff Name : S. KOWSALYA Email : kowsikrish74@gmail.com

**Date of Birth** : 26.08.1974

**Community** : BC

**Qualifications** :.M.Sc.,M.Phil,.Ph.d.,(pursuing)

#### **Areas of Interest:**

- > Food and Nutrition
- > Family Resource Management
- Nutrition and Dietetics
- > Human Development
- Food Processing
- Nutritional Biochemistry
- > Extension and Communication

#### Awards : Nil

## **Membership in Learned Societies:**

- > IDA Life Member in Kilakarai Chapter
- > NIN National Institute of Nutrition Hyderabad Life Membership

> (HSAI) Home science Association of India

# **Teaching Experience: -**

- > Sri Akilandeswari Women's College, Vandavasi 7 Years
- ➤ P. K. N Arts and Science College, Thirumangalam 3 Years 4month
- ➤ Sourastra College for Women Madurai 4years
- ➤ Government Arts College for Women, Sivagangai 2.11.2012 to till date

## **Publications**

S.NO.	Name of the International Journal	ISSN NO
1.	International Journal of scientific research Title of the paper A report on the nutritional and quality profile of sprouted green gram incorporated food products vol2 issue 123 Dec 2013	22778179
2.	International Journal of Innovative Research in Science and Engineering Title of the paper" Herbal fiber Enhanced Bread-A Quality Analysis"	254-9665-203
3.	International journal of research in management and social science title of the paper –A study on an assessment of nutritional know among the house wiles of sourashtra communal vol5,issu4-oct –Dec 2017	ISSN 2322-0899

#### **BOOKS PUBLISHED**

S.N O	BOOKS	TITLE	ISBN NO	PUBLISHER
1.	Course material	Advanced nutrition	Madurai Kama raj University Madurai	
2.	Trends In nutrition	Advanced	9789387871038	SHANLAX PUBLICATIONS

Research Scholars: Nil

### **Sponsored Projects:**

➤ A Study on supplementation of mint juice for an anemic adolescent college going girls in rural area (2014 TANSCHE – student mini project)

➤ 2. A Study on supplementation of health Mix for the post menopausal osteoporotic adult women (2015-TANSCHE – student mini project)

### **Conferences and Workshops Organized:**

➤ Acted as Committee Member for One day Workshop on Microbiology Analysis for Food Safety on 2018.

➤ Acted as Committee Member for One day State level Seminar on "National Seminar on Insights of Nutrition for Life Style Disorders" to be conducted on March 3<sup>rd</sup> 2019.

#### **Contact Address:**

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Government Arts College for Women,

Sivaganga – 630 562.