

**Government Arts College for Women, Sivaganga**



Staff Name: **J.MEENAKSHI**

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**Date of Birth** : 04.07.1979

**Community** : BC

**Qualifications** : M.Sc., M.Phil., Ph.D.,(pursuing)

**Areas of Interest:**

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- ❖ Food and Nutrition
- ❖ Family Resource Management
- ❖ Nutrition and Dietetics
- ❖ Human Development
- ❖ Extension and Communication

**Awards** :

- ❖ Awarded by Food Science and Technology for undertaking M.Sc. Project in 2001.
- ❖ Guided a project awarded by TANSCH (student mini project in 2018).

**Membership in Learned Societies:** Life Time Member in IDA-12315

**Teaching Experience:** Private college - 4Years 10 Months

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Government college service-5 Years 4Months.

**Publications :**

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- National Level Seminar on “Nutritional Management in Metabolic Syndrome” paper presented on “**A Study on the Effect of Pre and Probiotic Adult Diebetic Women**” ISBN: 978-81-933316-2-0
  - National Level Seminar on “New Vistas in Post-Harvest Technology and Value Addition of Farm Products in Enhancing Rural Livelihood” paper presented on “**A Study on Product Development with Cassia Auriculata Flower**” ISBN 978-93-88993-00-5.
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**Research Scholars** : Nil

**Sponsored Projects** : Nil

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**Conferences and Workshops Organized :**

- ❖ Acted as **Committee Member** for One day Workshop on “**Microbiology Analysis for Food Safety**” on 2018.
- ❖ Acted as **Committee Member** for One day State level Seminar on “**National Seminar on Insights of Nutrition for Life Style Disorders**” to be conducted on March 3<sup>rd</sup> 2019.

**Contact Address :**

Department of Home Science,  
Government Arts College for Women,  
Sivaganga – 630 562.

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